



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Are you whistle worthy? Greater Naples YMCA to host 3 day Lifeguard Certification Course.

Naples, Florida— The Greater Naples YMCA is pleased to offer a 3 day Red Cross Lifeguard Certification training for local residents ages 16 and over, beginning in Friday, October 12, 2018. The course combines online learning sessions with hands on practice of first aid, CPR/AED and lifeguarding skills. Upon successful completion of the Lifeguarding course, candidates may apply for employment with the Y.

The training will be held at the Greater Naples YMCA, 5450 YMCA Road, Naples, FL 31409, the weekend of October 12-14. Hours are Friday, October 12th from 4:00 pm to 8:00 pm, Saturday, October 13th from 7:00 am to 5:00 pm, and Sunday, October 14th from 8:00 am to 4:00 pm. Cost is \$200.00. All participants must be at least 16 years of age and able to complete a pre-course swimming test including swimming 300 yards continuously, tread water for 2 minutes using legs only, swim 20 yards in one minute and forty seconds, surface dive to a depth of up to 10 feet and pick up a 10 pound object and return.

For course prerequisites and more information on blended learning courses, contact the Melissa Wilson, Aquatics Coordinator, at 239-963-3762. Those interested can register in person at the Greater Naples YMCA, 5450 YMCA Road, Naples FL, or online at www.greaternaplesymca.org/swimming.html.

###

About the Y

The Greater Naples YMCA is committed to strengthening the Naples community through youth development, healthy living and social responsibility. Every day, the Y works side-by-side with our neighbors to make sure everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.