



# CORONAVIRUS (COVID-19) RESPONSE UPDATES

## A message from the CEO

**March 12, 2020**

Dear Valued YMCA Member,

We all play an important role in promoting Healthy Living and preventing the spread of germs.

As part of our Y family, your safety and well-being is our top priority. And as a family, we all play an important role when it comes to maintaining a healthy environment and preventing the spread of germs. Below are some helpful tips provided by the CDC and information on what we're doing to continue to keep the YMCA a safe place for all.

### HOW YOU CAN HELP

The Centers for Disease Control and Prevention (CDC) recommends these actions to help prevent the spread of respiratory diseases such as the Coronavirus (COVID-19):

- **Wash Your Hands:** Wash hands, often, with soap and water for 20 seconds (sing "Happy Birthday" twice)
- **Cover Your Cough:** Cover your cough or sneeze with a tissue then throw the tissue in the trash.
- **Clean and Disinfect Regularly:** Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- **Don't Touch Your Face:** Avoid touching your eyes, nose, and mouth.
- **Avoiding Contact with Sick People:** Avoid close contact with people who are sick. If you feel symptomatic, stay home when you are sick (if possible).

### WHAT WE'RE DOING AT THE Y

As part of our commitment to providing a safe and enjoyable experience for all in our care, the YMCA is taking the following precautions:

#### MONITORING UPDATES

- We are closely monitoring the evolving Coronavirus (COVID-19) situation for additional updates and guidance from local, state, national, and international health agencies.
- We will keep you updated on information and advisories from health agencies.
- We are staying prepared should we need to quickly evolve our preventative measures, existing plans and procedures to be in line with additional updates and recommendations from health agencies.

#### COMMITMENT TO CLEANLINESS

- We continue to adhere to sanitation practices that follow public health and regulatory guidelines to prevent the spread of germs.
- We have hand sanitizer stations and disinfecting sprays for members to wipe down equipment, objects, and surfaces before and after use.



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### EDUCATION

- We are continuing to educate staff on the prevention and spread of all germs.
- We have posted informational posters throughout our Y campus with guidance from the CDC
- Included links below to help keep all of our Y family informed.

### STAY INFORMED

Together, we will help each other remain informed and well. Additional, helpful and factual information can be found at the following websites:

- Florida Department of Health: <http://www.floridahealth.gov/>
- Centers for Disease Control: <https://www.cdc.gov/>
- Florida Department of Education: <http://fldoe.org/em-response/>

If you have questions, please reach out to your Y staff.

In service,

Mark Hanke, President & CEO  
Greater Naples YMCA



## REMEMBER THE 3 C's!

Stay healthy and help stop the spread of coronavirus, influenza and other illnesses by following the 3 C's:

### Cover

Cough into the crook of your elbow or into a tissue that is immediately thrown away.



### Clean

Frequently wash your hands with warm water and soap for 20 seconds—about the time it takes to sing Happy Birthday twice.



### Contain

Stay home when you are sick until you have been free of fever for 24 hours.



Visit [cdc.gov](https://www.cdc.gov) for additional information.

For a better us.